

## Mixology Competition LB-3

There will be three (3) judges appointed to overcome and supervise the competition. All competitors need to prepare a drink from two (2) categories (Fresh fruits and or vegetables, spices, herbs, MONIN syrup) three (3) cups of each must be presented to the judges.

- 1- All competitors need to prepare a drink that contains fresh fruits, vegetables, spices, and herbs while also using the simple flavoring syrups provided by Golden Arrow for Food Marketing and Distribution (MONIN)
- 2- All competitors need to prepare a drinks that contains a flavoring syrup provided by Golden Arrow for Food Marketing and Distribution (MONIN) as the main ingredient while also adding five (5) other ingredients of their own choosing to present a well balanced drink to the judges in terms of color, taste, texture, and flavor

### Competitor's Schedule:

Timing:

Each competitor will be given thirty (30) minutes, divided as follows:

Ten (10) minutes for Mes En Place and preparations.

Fifteen (15) minutes to produce and present all the drinks.

Five (5) minutes for cleaning and station maintenance.

- All competitors will be judged and assessed at the end of the first day for the Barista competition, the medals for the first three (3) places will be given out and whomever didn't get a medal will get a participation certificate
- All competitors should follow a Dress Code: white button-up shirt that contains no logos, and black formal pants
- Each competitor must supply the judges with a list of ingredients that they will be using to prepare their drinks (each judge should get a list, three (3) copies)

### Equipments that will be supplied

Espresso Machine  
Refrigerator  
Blender  
Cups  
Spoons  
Cutting Board  
Shaker  
Glasses

### Ingredients that will be supplied

Espresso Blend (coffee beans)  
Milk  
Cinnamon  
Herbs (Anise, Chamomile, Cinnamon, Sage, Cardamom, Melissa)  
Tea  
Ice  
Ice Cream

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## Mocktail Competition LB-2

There will be three (3) judges appointed to overcome and supervise the competition. All competitors need to prepare a drink from two (2) categories (fresh fruit or juice, MONIN syrup) three (3) drinks of each to present to the judges.

- 1- All competitors need to prepare a drink that contains fresh fruits or juices and allowed to use the simple flavoring syrups provided by Golden Arrow for Food Marketing and Distribution (MONIN)
- All competitors need to prepare a drink that contains a flavoring syrup provided by Golden Arrow for Food Marketing and Distribution (MONIN) as the main ingredient while also adding fresh fruits of their own choice.

### Competitor's Schedule

Timing:

Each competitor will be given thirty (30) minutes, divided as follows:

Ten (10) minutes for Mes en place and preparations.

Fifteen (15) minutes to produce and present all the drinks.

Five (5) minutes for cleaning and station maintenance.

- All competitors will be judged and assessed at the end of the first day for the MOCTAIL competition. The medals for the first three (3) places will be given out and whomever didn't get a medal will get a participation certificate.
- All competitors should follow a Dress Code: white button-up shirt, that contains no logos, and black formal pants
- All competitors must supply the judges with a list of ingredients that they will be using to prepare their drinks (each judge should get a list, three (3) copies)

### Equipments that will be supplied

Espresso Machine  
Refrigerator  
Blender  
Cups  
Spoons  
Cutting Board  
Shaker  
Glasses

### Ingredients that will be supplied

Espresso Blend (coffee beans)  
Milk  
Cinnamon  
Herbs (Anise, Chamomile, Cinnamon, Sage, Cardamom, Melissa)  
Tea  
Ice  
Ice Cream

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## Barista Competition LB-1

There will be three judges appointed to overcome and supervise the competition. All competitors must prepare a drink from three (3) categories (Espresso, Espresso and milk, Espresso beverage) three (3) cups of each to present one drink to each judge.

- 1- All competitors need to prepare three (3) espresso cups that follow the standards and world known criteria's, to insure that the espresso machine has the proper amount and grind of coffee to insure a perfect cup of espresso.
- 2- All competitors need to prepare three (3) of their own Latté or Cappuccino drink, taking in consideration standards and world known criteria.
- 3- All competitors needs to prepare three (3) drinks that contain espresso as the main ingredient, while adding any other ingredient of their choice.

### Competitor's Schedule:

Timing:

Each competitor will be given thirty (30) minutes, divided as follows:

Ten (10) minutes for Mes en place and preparations.

Fifteen (5) minutes to produce and present all the drinks.

Five (5) minutes for cleaning and station maintenance

- All competitors will be judged and assessed at the end of the first day for the Barista competition, the medals for the first 3 places will be given out and whomever didn't get a medal will get a participation certificate.
- The competitors should follow a Dress Code: white button-up shirt that contains no logos, and black formal pants
- All competitors must supply the judges with a list of ingredients that they will be using to prepare their drinks (each judge should get a list, three (3) copies).

### Equipments that will be supplied

Espresso Machine  
Refrigerator  
Blender  
Cups  
Spoons  
Cutting Board  
Shaker

### Ingredients that will be supplied

Espresso Blend (coffee beans)  
Milk  
Cinnamon  
Herbs (Anise, Chamomile, Cinnamon, Sage, Cardamom, Melissa)  
Tea  
Ice  
Ice Cream

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